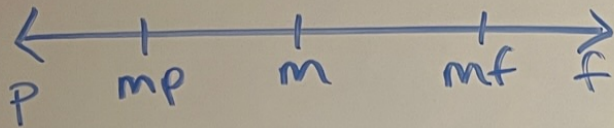


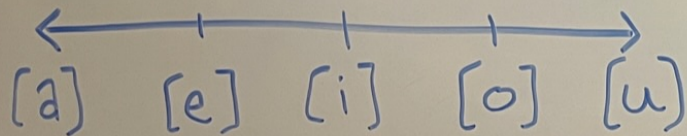
VOLUME



*PITCH



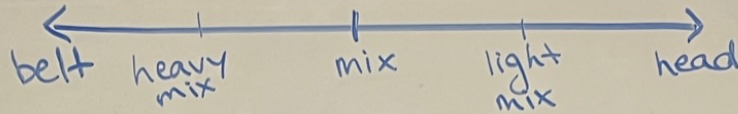
VOWEL



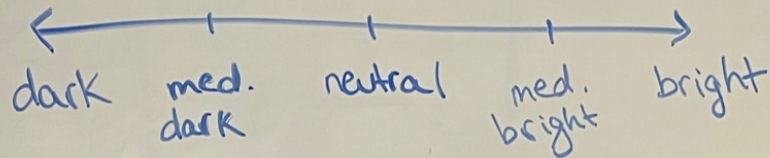
squat
pull
press

wall sit
wall push up
plank

*RESONANCE



COLOR



How do I

- use my support
- not use my throat
- sing on the breath
- get more power

PRACTICE

FAKE IT TILL YOU MAKE IT